

REVEALING AUTHENTICITY WEEKEND

The art of revealing
beauty lies in
removing what
conceals it

May 30th -
June 1st
2025



Facilitated by: Cathe Reiss, LCSW, ACHT & Erika Cohane, LCSW, ACHT

Do you struggle being yourself & trusting that other people will accept you?

Revealing Authenticity is a weekend workshop which explores the masks we wear that prevent us from true intimacy, full acceptance and living authentically. The workshop includes didactics, processes, discussions, release work and a hypnotherapy process. The weekend will first allow participants to create their own personal "roadmap" for uncovering their true selves and then offer the opportunity for the release of their behaviors that block authentic living. All to provide an opening for experiencing the freedom of fully living in true authenticity.

Discover what keeps you hiding so that you can reveal your authenticity!

Friday: 6:30pm - 9:30pm
Saturday: 9:00am - 4:30pm
Sunday: 9:00am - 2:30pm

1480 Royal Palm Beach Blvd Ste. C
Royal Palm Beach, FL 33411

COST: \$399.00

(Discounts and payment plans available)

Register
and pay by
4/30/25
for discount

For more information please contact: Cathe at (561) 301-8232 or Erika at (954) 608-9327