



Heart Centered Healing Connections

Coaching Contract

Client Name: _____

This agreement between coach, _____ and the named client will begin on _____ and will continue until termination is decided by either party. (See termination agreement below).

Fees: The fee for the each meeting is \$ _____. These fees will be paid upon service. If you need to cancel an appointment, please provide at least 24 hours' notice or unfortunately, it will be necessary to charge you for the appointment as the time has been reserved for you.

Services: The services to be provided by the coach to the client are face-to-face, telephone-coaching, or tele-health (zoom) as agreed jointly with the client. Coaching may address specific personal projects, business successes, or general conditions in the client's life or profession. Other coaching services include value clarification, brainstorming, identifying plans of action, examining modes of operating in life, asking clarifying questions, and making empowering requests or suggestions for action. Throughout the working relationship, the coach will engage in direct and personal conversations. The client understands that successful coaching requires a co-active collaborative approach between client and coach. In the coaching relationship, the coach plays the role of a facilitator of change, but it is the client's responsibility to enact or bring about the change. If the client believes the coaching is not working as desired, the client will communicate and take action to return the power to the coaching relationship.

CATHE REISS, LCSW + ERIKA COHANE, LCSW
1480 ROYAL PALM BEACH BLVD STE. C
ROYAL PALM BEACH, FL 33411
cathereiss@me.com * erikacohane@me.com

2023



Prior History: The client also agrees to disclose details of the past or present psychological or psychiatric treatment. Coaching and counseling are not the same, as described in my website: heartcenteredhealingconnections.com. There needs to be a clear distinction between the two. Although I am a licensed clinical social worker and trained in counseling and therapy, I do not engage in therapy with my coaching clients. In entering into the coaching relationship, and signing the agreement, you are agreeing that if any mental health difficulties arise during the course of the coaching relationship, you will notify me immediately so that I can discuss with you an appropriate referral.

Privacy: The client can, at any point in the coaching session, declare his/her preference not to discuss a specific issue, by simply stating that they would rather not discuss this issue. The coach agrees to respect this boundary and will not attempt to forward the conversation further along those lines. However, if I, as the coach feel that you may be in danger to or by another or to yourself or others, it is my privilege to ascertain more information for your protection, welfare and benefit.

Confidentiality: The coach will work within the professional ethics and guidelines as designated by the International Coaching Federation (see www.coachfederation.org). Copies of the ethical guidelines are available on the websites. All information about the coach / client relationship will remain strictly confidential except in very rare circumstances where decreed by law; i.e., where the court might issue a subpoena for the file or information. If you wish for me as your coach to speak to someone outside our interactions, then you need to give me written permission (original letter, fax or email) to do so.



Heart Centered Healing Connections

Exceptions to confidentiality of course relate to circumstances such as intent to seriously harm someone or yourself, child abuse etc. Otherwise, all your information is confidential. It is also important to note that in some situations, it is important to be aware of the use of technology in that for some clients, there is a risk in using certain media such as the internet, mobile phones and cordless phones. If you use these to communicate with me, then I will assume that it is appropriate to continue to do so in my interactions with you.

Termination: The coach and client agree to provide each other with two weeks' notice in the event that it is desired to terminate coaching. Otherwise, the coaching will continue for the duration of the contracted period. I believe that each of my clients is a unique, creative and responsible person who is in charge of moving their own life forward. I very much look forward to working with you. Our signatures on this agreement indicate full understanding of the agreement with the information outlined above.

Client Signature

Date

Therapist Signature

Date